Module 3: Managing Hypoglycemia in T2D

Hypoglycemia Guidance in T2D

Hypoglycemia occurs when blood glucose falls below 70 mg/dL. Early recognition can support timely management and patient safety.



Care teams can ensure patient preparedness by focusing on three essential management strategies:

Standardized Rapid-Correction: Teach patients to treat mild-to-moderate drops immediately with exact, consistent steps.

The 15-Minute Rule: Instruct patients to consume 15g of fast-acting carbohydrates and recheck blood glucose in 15 minutes, repeating as needed.

Emergency Glucagon: Train patients and their caregivers on utilizing emergency glucagon for severe, unresponsive episodes.

The Bottom Line: Proactive counseling on critical thresholds, structured correction, and emergency glucagon safeguards patients against severe hypoglycemic events.