

Elivate™: creating change through liver education

Utilization guide

Purpose

This utilization guide provides a summary of the Elivate™ curriculum and contains suggestions to inspire the integration of metabolic dysfunction-associated steatohepatitis (MASH) education into healthcare professional curricula.

Novo Nordisk Inc. provided funding support for the Elivate™ curriculum. Elivate™ was developed by Novo Nordisk Inc., in collaboration with a steering committee of MASH clinical experts. It was designed to address gaps in MASH education and support the preparation of future healthcare providers to diagnose, care for, and treat people with MASH. The goal of Elivate™ is to present an evidence-based, non-promotional depiction of the current state of MASH.

Background

MASH is a chronic, progressive liver disease that is severely underdiagnosed and consequently, undertreated.¹ MASH is a 'silent' disease, meaning that early stages of disease tend to be asymptomatic, and diagnosis is frequently delayed until progression is more advanced.² General awareness, diagnostic guidance, and treatment strategies for MASH are limited across non-hepatology specialists and therefore, the Elivate™ curriculum intends to educate healthcare providers on the screening, diagnosis, and management of MASH and, in doing so, improve support for patients.

¹Povsic M, et al. A structured literature review of the epidemiology and disease burden of non-alcoholic steatohepatitis (NASH). *Adv Ther.* 2019;36(7):1574-1594.

²Cameron JL, et al. Current surgical therapy. 14th ed. Philadelphia, PA: Elsevier; 2023.

About the program

The Elivate™ curriculum is a modular MASH curriculum for healthcare professionals to support education around the screening and management of MASH. Content is current as of January 2026.

Features:

- Contains approximately 1-hour of educational content, available at no cost to users
- 4 self-contained modules that can be viewed alone or in combination, consisting of:
 - Educational content provided in non-linear modulation format for dynamic learning
 - Video introductions and closing remarks delivered by expert steering committee members
 - Knowledge check assessments for each module

- PowerPoint slide decks available for downloading
- Videos to summarize key details from each modules

Costs

The Elivate™ curriculum program PowerPoint modules and content were developed using exclusively open-access materials and are available at no cost to users.

Expert Steering Committee

The Elivate™ program was developed with guidance from the following steering committee of leading clinician experts in MASH management who were compensated for their time and contributions by Novo Nordisk Inc.

Members include:

- *Rotonya Carr, MD, FACP, FAASLD — Associate Professor of Medicine, Division of Gastroenterology, University of Washington*
- *Amanda Chaney, DNP, APRN, FAANP, AF-AASLD — Senior Director of Advanced Practice Provider Services, Cleveland Clinic*
- *Rena K. Fox, MD — Professor of Medicine, Division of General Internal Medicine, Department of Medicine, UCSF, Principal Investigator, UCSF MASH in Primary Care Research Program*
- *Sobia Laique, MD — Assistant Professor of Medicine, Director, Multidisciplinary MASLD Clinic, Chair of MASLD Task Force, Department of Gastroenterology, Hepatology and Nutrition, Cleveland Clinic Foundation*
- *Edward Mena, MD — Hepatologist and Medical Director, Pasadena Liver Center, President and CEO of California Liver Research Institute (CLRI)*
- *Oyin Penny, NP — Premier Gastroenterology of KC, Faculty of GHAPP; MASLD/MASH Community Network*
- *Pablo Pérez, MD — Principal investigator, Southeast Clinical Research Center, Founder and Medical Director of St Joseph Clinic P.C.*
- *Tuan Pham, MD, ABOM —Hepatologist, George E. Wahlen VA Medical Center, Associate Professor, Department of Medicine (Clinical Track), University of Utah School of Medicine*
- *Robert R Tatum, PharmD, PA-C — Assistant Professor of Medicine, Division of Gastroenterology/Hepatology & Nutrition, Department of Medicine, University of Louisville School of Medicine*
- *Michele Yeung, MD — Assistant Professor of Medicine, Division of Endocrinology, Diabetes & Metabolism Weill Cornell Medicine*

Elivate™ Module overview

Module	Name	Length
Module 1	MASH overview	15 mins
Module 2	Patient risk factors and identification	15 mins
Module 3	Screening and diagnostics	15 mins
Module 4	MASH management	15 mins

Access Rights, Usage & Privacy policy

Elivate™ curriculum was funded by Novo Nordisk Inc. A third-party provider developed the curriculum's content in consultation with Novo Nordisk Inc. and leading MASH clinician experts. Elivate™ curriculum relies exclusively on open-source materials available to the general public. You may access, download and/or use the content for non-commercial purposes only. The content may not be used in connection with any form of accredited continuing medical education, including any program for which continuing education (CE) credits are granted to attendees. By choosing to access and browse Elivate™ modules, you acknowledge that you have read, understood, and agreed to the Elivate™ curriculum Terms of Use. If you do not agree with the Elivate™ Terms of Use, you are not permitted to further access the modules and should immediately discontinue your use. To view the Elivate™ Terms of Use, [please click here](#).

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Thank you for your interest in the “Elivate™: creating change through liver education” program.